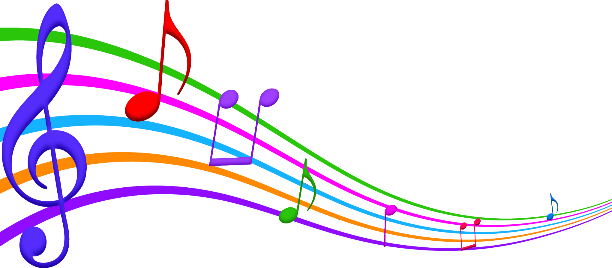
**Please join us at**

**QUIN MO LAC UCW WEEKEND**

**September 6, 7, 8, 2019**

I cannot keep from singing

*Voices United* 716 – My life flows on…

**GUEST SPEAKER – Deborah Dunleavy**

Deborah Dunleavy is an award winning story writer and storytelling artist, “a teller of tales, a writer of books, and a singer of songs”. She tailors presentations to her specific audiences and she encourages others to be story tellers.

Ms. Dunleavy’s many music and storytelling programs include two one-woman story-theatre plays: *At the Canoe Club Dance* based on memories from seniors about the pre-1945 years, and *Battlefield Petticoats – Women in the War of 1812*.   
  
Ms. Dunleavy is the past Eastern Canadian Representative for the Storytellers of Canada. She is a member of The Writers Union of Canada, SOCAN, Musicians Union of Canada, and The Canadian Children’s Book Centre. Tours have taken her to Singapore, China, Ireland, Scotland, and throughout Canada. We are delighted that this year, she will add our UCW Camp Quin Mo Lac weekend to her touring history.

**Registration is only $125 for the full weekend**

**WORKSHOPS, WOMEN AND WORSHIP**

**FUN, FRIENDSHIP, FINE FOOD**

**MUSICAL ENTERTAINMENT**

**and more!!!**

Jointly hosted by Upper Valley and Four Rivers UCW Presbyterials.

For information or registration,

 email Connie Tabbert, registrar, at

[**ucw.connie61@gmail.com**](ucw.connie61@gmail.com%20)

or Lee Torvi, [leetorvi@gmail.com](leetorvi@gmail.com%20) , 613-638-3283

**SOME WEEKEND HIGHLIGHTS**

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**FRIDAY EVENING MUSICAL ENTERTAINMENT**

**by Tim and Terry – The Music Men**

**RESOURCE ROOM**

**Fair Trade products,** and **Pat Gilmore with Books**

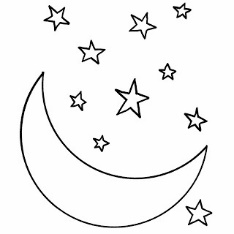
Your chance to buy books and other resources

**SATURDAY WORKSHOPS**

All required materials will be provided.

**Choose 2**

1. **Music: Drumming with Michelle.**
2. **Crafts: Card making**
3. **A) Senior Fitness –gentle: sitting for half of exercise time**
4. **Senior Fitness: standing**
5. **Liturgical Dance: Worship with dance**
6. **Labyrinth: Learn history & design; then take a spiritual labyrinth walk in order to converse with God on a mountain top.**
7. **Pop-up choir: Learn a new hymn or sing favourites.**
8. **Power of Parables: Discussion. Create a parable**

**SATURDAY NIGHT OPTIONS**

**Night Canoe Ride On Moira Lake**

**Night Walk**