



Camp Quin-Mo-Lac Weekend 2023 – Sept 8, 9, 10

“Moved by the Spirit”

Guest Speaker – Rev. Rodney Smith-Merkley,

Hosted by Shining Waters Presbyterial

Cost: \$175 – Register from April 30th to July 31st, 2023. Limited to first 100

Day spots MAY be available for \$85, let registrar know if interested



Name: _____ Presbyterial: _____

Address: _____

Postal Code: _____ Phone: _____ email: _____

First Time Camper at UCW Camp Quin-Mo-Lac Weekend: Yes _____ No _____

Emergency Contact during Event - Name: _____ Phone: _____

ACCOMMODATION: Lodge: top bunk _____ bottom bunk _____ no preference _____

Cabin (no water/power): top bunk _____ bottom bunk _____ no preference _____

Do you wish to room with a friend? Name : _____ (we will do our best)

Any special physical needs: _____

Special diet for medical reasons." PLEASE list _____

WORKSHOPS: Sat afternoon is the Kairos Blanket Exercise, so only 1 optional workshop in AM.

Choose ONE workshop (1) and two alternatives (2, 3)

Bible Study _____ Eco Trail Hike _____

Restoring Indigenous Languages _____ Senior Fitness _____ Free Time _____

WAIVER: (must be signed) Athletic activities (polar dip, walking on uneven ground, night walks, etc.) present certain elements of risk. Injuries may occur related to these and all activities during this weekend event, through no fault of the Quin-Mo-Lac Camp Committee or the facility where the event is being held.

I have read and understand the above information. Date: _____

Signature: _____

PHOTO CONSENT: I understand that submitting this registration is permission that may photo and/or video images of me taken by event organizers or participants may be used as a memory or promotional material in various UCW or United Church of Canada print and electronic resources. Date: _____

Signature: _____

THIS IS A NUT AND SCENT FREE EVENT! NO DRUGS OR ALCOHOL ARE PERMITTED AT Camp Quin-Mo-Lac

Cost: \$175. – FULL WEEKEND – Sept 8, 9, 10, 2023

PAY BY E-TRANSFER – E-MAIL shiningwatersUCWpres@gmail.com Password: camp2023

CHEQUE PAYABLE TO: "Shining Waters Presbyterial UCW", RE-- UCW Weekend 2023

Mail to Registrar: Linda Unrau, 570 Naish Drive, Peterborough, ON, K9H 0E4

shiningwatersUCWpres@gmail.com

1-705-957-9650

For reply, please provide: EMAIL ADDRESS (above) or stamped SELF-ADDRESSED ENVELOPE

UCW Policy is that there will be no refunds. If you cannot come, please send an alternate

Some QUIN-MO-LAC WEEKEND HIGHLIGHTS

This weekend has an obvious **Indigenous Theme**:

- our speaker is currently the United Church minister at Curve Lake First Nation. In his first charge, Rodney served the Heiltsuk First Nation in Bella Bella on the central coast of BC. He has a deep respect and caring for the First Nations people.
- Friday night, Janet McCue from Curve Lake First Nation will bless us with drumming.
- Saturday afternoon, Brittany Taylor from Curve Lake First Nation will be leading us through the Kairos Blanket Exercise. This is an interactive experience, not a time just for watching from a distance. It can take about 2 hours to finish, depending on the questions that arise.
- Saturday morning, one of the workshops, Restoring Indigenous Languages, will be led by Sarah MacLeod-Beaver from Alderville First Nation.

Saturday Morning Workshops: (only time for 1 workshop)

a: **Bible Study** - Barb DeJeet

b: **Eco Trail Hike** - Lois McLeod -- outdoors no matter what the weather.

c: **Restoring Indigenous Languages** – Sarah MacLeod-Beaver

d: **Senior Fitness** – Connie Tabbert – come prepared to exercise

e: **Free time** to enjoy the company of others, or the beauty of the camp grounds, or maybe a nap!

Morning Polar Dip: Hot Chocolate available for Polar Dippers outside lower level of Kanata House

Saturday Evening Options: **Fellowship Activities-** bring Cards or Board Games if you wish

Night Canoe Ride on Moira Lake (Weather Permitting)

Notes:

1. The **Saturday Night walk will NOT be offered** due to the age of attendees and the possibility of injuries.
2. In the past, people have requested **special meals** which the cook willingly took time and effort to prepare; but, regardless of the request, some of the meals were not picked up. Please, if you require a special meal, request it. If it is not necessary, leave the line blank.